

I/N News ... especially for you!

MAKING AN IMPACT ON DEFENSE with the Weakest Hand at the Table by Audrey Grant

Defenders are typically at a disadvantage compared to the declarer. The defender on opening lead can see only thirteen of the fifty-two cards. Even after dummy comes down, neither defender can see all the partnership's combined assets.

However, the auction, the opening lead, and the sight of dummy can help the defenders visualize how they might get the tricks needed to defeat the contract.

Consider this deal in which the weakest hand at the table can make an impact.

DEALER: NORTH
VUL: NONE
DECLARER: EAST

1H Pass
4S
NORTH
WEST EAST
SOUTH
S 9 7 5
H J 10 9 7 3
D 7
C 10 8 7 2
4H Pass



The Auction

Neither side is vulnerable. You are South. Partner, North, is dealer and opens 1H. East overcalls 1S. You are South. What is your response?

You have a 10-card fit in hearts and a weak hand. Despite only 1 high-card point, the singleton provides extra dummy points. Applying the Law of Total Tricks, respond with a preemptive jump to 4*H.

West advances to 4*S. Everyone passes.

You are now on lead against 4*S.

The Opening Lead

South, the weakest hand at the table, has two critical decisions to make on this deal. The first is the opening lead.

The normal lead is the heart suit. However, knowing the partnership has at least ten hearts and the opponents have three hearts, it's unlikely defense will take more than one heart winner. To defeat the contract, both defenders need to visualize how to take sure tricks and get extra tricks – through promotion, length, defensive finesse, or ruffing opponents' winners.

With that in mind, now may be a good time for South to lead the singleton 7-D, with the hope of ruffing one or more of declarer's winners if partner has entries.

DEALER: NORTH VUL: NONE CONTRACT: 4S DECLARER: EAST		S Q H Q 8 6 5 2 D A 8 2 C A J 5 3	
S K 10 6 2 H K 4 D J 10 9 4 3 C K Q	NORTH WEST EAST SOUTH		S 9 7 5 H J 10 9 7 3 D 7 C 10 8 7 2

Dummy comes down with 12 high-card points. With the two-card heart suit in dummy, it is likely declarer has at most one heart.

Recommended Defense

South is fortunate to find partner with A-D.

It's unusual for partner to lead a diamond rather than a heart. Also, with the long diamond suit in dummy, North suspects the *D7 is a singleton. Declarer plays low from dummy, and North wins the A-D. North leads back a diamond for partner to ruff.

North-South now have two tricks.

South is at a critical point in the defense.

If South could get back to partner's hand for a second diamond ruff, 4S contract will go down.

South could lead either a heart or a club. Which is the right suit?

Lead a heart?

Since partner opened 1H, South might try leading J-H.

That does not work. Declarer wins A-H.

Declarer now plays a spade to dummy's K-S, followed with two more rounds of trumps.

After giving up the A-C, declarer claims 10 tricks and makes the contract. Your side took A-D, a diamond ruff, and A-C, but failed to get a second diamond ruff.

What should Defenders do?

The decision on what suit to return actually starts with North.

After winning A-D, with A-C in hand, North's plan is to return a diamond for partner to ruff and hope that partner will next return a club so North can give partner a second diamond ruff. This needs to be done before declarer draws trumps.

But how does South know to return a club?

This is a typical **suit preference** situation.

Suit Preference Signals

After winning A-D, North has 8-D and 2-D in hand. To show a preference for clubs, the lower-ranking of the two remaining suits, North returns the lowest-ranking diamond, 2-D. To show preference for hearts, the higher-ranking of the suits, North returns as high a diamond as South can afford, in this case, 8-D.

On this deal, North has A-C. Return 2-D for partner to ruff, signaling for partner to lead a club after the ruff.

Here is South's second critical decision. South must recognize this suit preference signal and return 10-C (top of nothing). This is the entire deal:

DEALER: NORTH VUL: NONE CONTRACT: 4S DECLARER: EAST	S Q H Q 8 6 5 2 D A 8 2 C A J 5 3							
S K 10 6 2 H K 4 D J 10 9 4 3 C K Q	<table><tr><th colspan="2">NORTH</th></tr><tr><th>WEST</th><th>EAST</th></tr><tr><td colspan="2">SOUTH</td></tr></table> S 9 7 5 H J 10 9 7 3 D 7 C 10 8 7 2	NORTH		WEST	EAST	SOUTH		S A J 8 4 3 H A D K Q 6 5 C 9 6 4
NORTH								
WEST	EAST							
SOUTH								

North wins the A-C and returns a second diamond for a ruff. That's four tricks for the defense – A-D, A-C, and two diamond ruffs. Down one for declarer.

Without using the suit preference signal, South would have to guess which suit to return after ruffing the first diamond. Returning a heart would have been the natural thing to do since partner opened the bidding with hearts. Partner doesn't have the A-H, and a heart return would have allowed declarer to make 4S.

Summary

(continued from page 3)

The challenge as a defender is that you can't see the cards in partner's hand. However, there are clues from the auction, the dummy, and from the cards partner plays during the play. Use them to "play detective" and develop a Defenders' Plan.

On this deal, South has two critical decisions – the opening lead and the suit to return after the diamond ruff.

The general opening lead guideline is to lead partner's suit. However, the auction helped South visualize how they might get the tricks needed to defeat the contract – by ruffing opponents' winners.

Knowing there cannot be more than one heart winner for the defense, South is rewarded with an excellent opening lead of the singleton 7-D. Partner wins the A-D and returns a diamond for a ruff. South's next critical decision is to find an entry back to partner's hand for another ruff.

Defenders can make use of the suit preference signal to remove the guesswork on which suit you would like partner to return after a ruff.

- To show a preference for the higher-ranking suit, signal by returning as high a card as you can afford.
- To show a preference for the lower-ranking suit, return the lowest card.
- If you don't have preference for either suit, return a middle-ranking card, like a 6 or 5 in the suit.
- Suit preference signals do not apply to the trump suit.

Both defenders need to be on the same wavelength to take advantage of suit preference signals. One partner must give the appropriate signal and the other must be looking for it.

Inside This Issue:

Impact on Defense 1

Why Play Bridge 7

Tournament Schedules throughout

Audrey Grant is a noted bridge author and teacher. She is a member of the ACBL Hall of Fame.

We hope you enjoyed this article.

Audrey has long been a driving force for bridge around the world. She will be contributing more columns to this publication.

If you want to improve your game painlessly, her online column service (see panel to your right) may be the answer!

TRY SEVEN SAMPLE COLUMNS

What if there's a way you can bid and play the hand you just read and "learn by doing"? Play it and then read the column notes to get the expert strategy. It's an innovative way to improve your bidding, play, and defense – every day from anywhere and on any device.

The Better Bridge Online Daily Bridge Column is interactive. The highly trained world-class robots are programmed to respond and react to your plays. They will challenge you to make the right moves and execute a sound strategy on every deal.

Experience seven sample columns. Simply click here and download the app: www.betterbridge.com/chicago

WUMBA Winter Bridge Sectional

Ripon, WI
January 25 – 27, 2019

ROYAL RIDGES

(920)748 – 5500

1 Westgate Drive

Ripon, WI 54971

(Highway 23/West Fond du Lac Street)

SCHEDULE OF EVENTS

DATE	TIME	EVENT(S)
Friday, January 25	1:30 PM	Stratified Pair/Team (Single Session) 499er Pairs – Non-Lifemaster
	6:30 PM	Stratified Pair/Team (Single Session) 499er Pairs – Non-Lifemaster
Saturday, January 26	9:00 AM	Stratified Pair/Team (Single Session) 499er Pairs – Non-Lifemaster
	1:30 PM	Stratified Pair/Team (Single Session) 499er Pairs – Non-Lifemaster
	7:00 PM	Short Match Swiss (Single Session)
Sunday, January 27	9:00 AM	Stratified Swiss (Two Separate Events) 499er NLM Swiss (3 Team Minimum)

Fish & Chicken Buffet Served at Royal Ridges between Sessions Friday
(Separate Purchase - which includes tax)

Famous Prime Rib Buffet Served Following First Session of Swiss on Sunday
(Separate Purchase, which includes tax)

Stratified Pairs: 3000+/1000 – 3000/0 – 1000

Teammates for Pair/Teams Assigned by the Director on Friday!

Friday Pair/Teams Stratified by Director

Select Your Own Teammates on Saturday!

499er/Non-Lifemaster Events: Stratified by the Director

Sanction Number - 1901064

TOURNAMENT CONTACTS

Title	Name	Telephone	Email
Co-Chairperson:	Lee Prellwitz	(920) 748-2536	lprell@charter.net
Co-Chairperson:	Rob Webster	(920) 748-4114	rwebster@webstersunited.com
Partnership:	Stephanie Schwingel	(920) 570-0072	stephanieschwingel@gmail.com
WUMBA (Unit #149) website: www.acbl-wumba.org			

WUMBA's Appleton Spring Sectional

April 5-7, 2019

Holiday Inn, 150 S. Nicolet Road, Appleton, WI

Friday, April 5, 2019

- 1:30 P.M. Pair / Team Game (sign up as pair)
Stratified 499er/Non-Life Master Pairs
7:00 P.M. Pair / Team Game (sign up as pair)
Stratified 499er/Non-Life Master Pairs

Saturday, April 6, 2019

- 9:00 A.M. Pair / Team Game (sign up as pair or team)
499er/Non-Life Master Pairs - Stratified
1:30 P.M. Pair / Team Game (sign up as pair or team)
499er/Non-Life Master Pairs -Stratified
5:00 P.M. Annual WUMBA Board Meeting (meal will be provided)
7:00 P.M. Short Swiss Match (sign up as pair or team)

Sunday, April 7, 2019

- 9:00 A.M. Annual Membership Meeting
9:30 A.M. Stratified Open Swiss (Team averaged)
2 Single Sessions – Lunch Provided

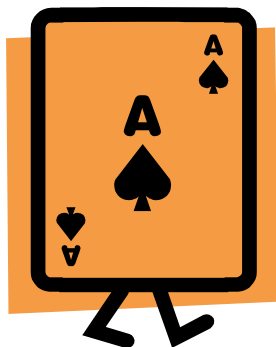
Stratification - Open games: A = 3000 +, B = 1000 – 3000, C = 0-1000
499ers: A = 300-500, B = 100-300, C = 0-100

Lodging: Holiday Inn, 150 S. Nicolet Road, Appleton, WI
\$119.00 per night for double or king – breakfast included
Phone: 920-735-9955 - www.hiappleton.com
Located off Interstate 41 and College Avenue (Exit 137)

Chairman: Mary Ann Romberg 920-982-5539 (home)
mromberg@charter.net 920-841-5747 (cell)
Partnerships: Judy Earl 920-734-0377 (home)
earlwagon@gmail.com 920-428-7214 (cell)

Sanction #1904083

Entry Fees:
\$9.00 for Members per Session
Additional \$4.00 for Unpaid ACBL
Members per Session



Now that the ACBL has
Zero Tolerance throughout
the Organization, my
partner tells me not to
make an Ace of myself!

What does that mean?

79th ANNUAL Minocqua-Lakeland Bridge Sectional

The Friendly Northwoods Tournament

JUNE 6 - 9, 2019

Woodruff Town Hall

Hwy 47 (1418 - 1st Avenue), Woodruff, WI 54568

Thursday, June 6

1:30 p.m.
Stratified 499er Pairs
Stratified Open Pair/Team

7:00 p.m.
Stratified 499er Pairs
Stratified Open Pair/Team

Friday, June 7

9:00 a.m.
Stratified 499er Pairs
Stratified Open Pair/Team

1:30 p.m.
Stratified 499er Pairs
Stratified Open Pair/Team

Saturday, June 8

9:00 a.m.
Stratified 499er Pairs
Stratified Open Pair/Team

1:30 p.m.
Stratified 499er Pairs
Stratified Open Pair/Team

7:00 p.m.
Stratified 499er Pairs
Short Match Swiss

Sunday, June 9

9:00 a.m. & TBA
2 Single Session Swiss Teams
Lunch Included

JUNE						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Pairs choose their partners for all pair/team games.

0-5 ACBL Members play FREE FREE Parking FREE Hospitality Smoke FREE

Sanction: # 1906076

For more information:

Chair: Lee Schultz • lschultzupnorth@gmail.com • (715) 356-4143
Partnerships: JoAnne Zickert (715) 356-6303
WUMBA (Unit #149) website: www.acbl-wumba.org

Accommodations: Ask for Bridge Rate

Quality Inn • 1-715-358-2588
AmericInn • 1-715-356-3730

STRATIFICATIONS

499er: 0-100; 100-300; 300-500
Open: 0-1000; 1000-3000; 3000+

August 19-25, 2019 - Eau Claire, Wisconsin

Eagles Banquet Hall and Conference Center

2588 Hallie Rd, Lake Hallie, Wisc

(Just minutes northeast of Eau Claire--back of flyer has driving instructions)

CHAMPIONSHIP EVENTS SHOWN IN BOLD RED CAPS:

Monday, 8/19 MON-TUES PM SWISS, #1/2

Evening Side Pairs Series, #1/5

Tuesday, 8/20

9:30 AM **TUES A/X/Y PAIRS & GOLD RUSH PAIRS, #1/2**

Midweek Side Pairs Series, #1/5

2:00 PM **TUES A/X/Y PAIRS & GOLD RUSH PAIRS, #2/2**

Midweek Side Pairs Series, #2/5

7:00 PM **MON-TUES PM SWISS, #2/2**

Evening Side Pairs Series, #2/5

Wednesday, 8/21

9:30 AM **WED A/X/Y SWISS & GOLD RUSH SWISS, #1/2**

Midweek Side Pairs Series, #3/5

2:00 PM **WED A/X/Y SWISS & GOLD RUSH SWISS, #2/2**

Midweek Side Pairs Series, #4/5

7:00 PM Evening Side Pairs Series, #3/5

Thursday, 8/22

9:30 AM **THUR A/X/Y PAIRS & GOLD RUSH PAIRS, #1/2**

Midweek Side Pairs Series, #5/5

2:00 PM **THUR A/X/Y PAIRS & GOLD RUSH PAIRS, #2/2**

Weekend Side Pairs Series, #1/5

7:00 PM Evening Side Pairs Series, #4/5

Friday, 8/23

9:30 AM **FRI A/X/Y SWISS & GOLD RUSH SWISS, #1/2**

Weekend Side Pairs Series, #2/5

2:00 PM **FRI A/X/Y SWISS & GOLD RUSH SWISS, #2/2**

Weekend Side Pairs Series, #3/5

7:00 PM **RISING STARS KOs, #1/3**

Evening Side Pairs Series, #5/5

Saturday, 8/24

9:30 AM **SAT A/X/Y PAIRS & GOLD RUSH PAIRS, #1/2**

RISING STARS KOs, #2/3

Weekend Side Pairs Series, #4/5

2:00 PM **SAT A/X/Y PAIRS & GOLD RUSH PAIRS, #2/2**

RISING STARS KOs, #3/3

Weekend Side Pairs Series, #5/5

7:00 PM Eight-is-Enough Swiss

Sunday, 8/25

9:30 AM **SUN A/X/Y SWISS & GOLD RUSH SWISS, #1/2**

& TBA **SUN A/X/Y SWISS & GOLD RUSH SWISS, #2/2**

(buffet lunch is free with paid Sunday entry)



ADDITIONAL NOTES:

1. Entries \$13, with two exceptions:

- ACBL youth entries \$7 with valid student ID
- ACBL lapsed member entries \$17

2. Stratification to be based on team/partnership masterpoint averages.

Governing convention charts for events are noted:

GOLD RUSH: A 500+ / B 750 / C 200+ / D 500 / E 200 (Basic Chart)

SIDE PAIRS: A 3000+ / B 1000 to 3000 / C 0 to 1000 (Basic+ Chart)

MON-TUES SWISS: A 3000+ / B 1000 to 3000 / C 0 to 1000 (Basic+ Chart)

RISING STARS: No team's masterpoint sum may exceed 4000 (Basic+ Chart)

EIGHT-IS-ENOUGH: Players 3000+ are 3's, players 1000 to 3000 are 2's,

and players 0 to 1000 are 1's. No team's sum may exceed 8 (Basic+ Chart)

A/X/Y EVENTS: A 5000+ / X 2000+ to 5000 / Y 0 to 2000 (Open Chart)

3. Side pairs offer flexible partnerships for stratified pairs play, with entrants in two or more events within a letter-named side series summing their two highest scores. Standings and awards are then determined on an individual basis, with overall winners receiving gold points in accord with ACBL formulas for two-session events.

4. While the partnership desk opens 45 minutes ahead of game times, players seeking best pairings are encouraged to email eauclaire.chair@gmail.com 15 hours or more in advance of game times, noting their masterpoint holdings, team or partnership needs, and the dates, types, and times of desired events.

5. Direct bridge-related inquiries to eauclaire.chair@gmail.com

6. Sanction #1908084. Flyer Version 3.2.



Host Hotel: Holiday Inn Express, 12858 26th Ave, Chippewa Falls (3 min. drive to playing site)
Phone 715-723-4654 by August 1st to request \$104.95 "bridge rate with breakfast"



Need a game?
Let's be fair.
Call ahead
To Partner Chair!

If you wait,
It's on the fly,
He may not find
The perfect guy!

0-750 Non-Life Master REGIONAL

September 20-22, 2019

Fitchburg Community Center
5510 Lacy Rd, Fitchburg WI



GOLD RUSH PAIRS!
GOLD RUSH SWISS TEAMS!

MADISON

FRIDAY, SEPTEMBER 20

9:30 am and 1:30 pm, 2-SESSION PLAY THRU

Gold Rush Pairs
Gold Rush Swiss Team

SATURDAY, SEPTEMBER 21

9:30 am and 1:30 pm, 2-SESSION PLAY THRU

Gold Rush Pairs
Gold Rush Swiss Team

SUNDAY, SEPTEMBER 22

9:00, LUNCH INCLUDED, 2-SESSION PLAY THRU

Gold Rush Pairs
Gold Rush Swiss Team

HOST HOTEL

Wyndham Hotel (608) 274-7200
2969 Cahill Main, Madison WI
\$99 Bridge Tournament Rate

POINTS AWARDED: In Gold Rush events, players may play one session but must play both sessions in one day to qualify for gold points. Players will be awarded maximum number of gold points and red points allowed by ACBL for non-life master Gold Rush events.



MADISON HOSPITALITY

Delicious snacks
Free coffee, tea & soda
Lunch for purchase F, Sa, Su
Map to many nearby restaurants

GUEST LECTURES

Friday & Saturday

ONLINE PARTNERSHIP

Madison750NLM@gmail.com

CHAIR

Glenna Shannahan
Madison750NLM@gmail.com

STRATIFICATION

A: 300-750 B: 100-300 C: 0-100

ENTRY

\$12/session ACBL member
\$4 additional fee for lapsed ACBL member
Opportunity to register as new ACBL member

SPRING SECTIONAL

FOUNTAIN BANQUET HALL

(SOUTH HALL/USE BACK ENTRANCE)

8505 DURAND AVENUE - STURTEVANT, WI

Directions from Interstate 94: Exit Highway 11, go East approximately 3 miles to Sturtevant
FOUNTAIN HALL is next to Farm & Fleet on South side of Highway 11

MARCH 15, 16, 17 - 2019



Friday, March 15

9:30 AM

Pair/Team Game
Stratified 499er Pairs

2:00 PM

Pair/Team Game
Stratified 499er Pairs

Saturday, March 16

9:30 AM

Pair/Team Game
Stratified 499er Pairs

2:00 PM

Pair/Team Game
Stratified 499er Pairs

Sunday, March 17

9:30 AM

Pair/Team Game
Stratified 499er Pairs

2:00 PM

Pair/Team Game
Stratified 499er Pairs

TOURNAMENT/PARTNERSHIP CHAIR

PAUL DORSEY: 262-902-4181

Email: pauldorsey47@gmail.com

INTERMEDIATE/NOVICE CHAIRS

JUDY BURZYNSKI: burzynski@dcartform.com 262-391-0970

Strata for All Open Events
0-750/750-2000/2000+
Strata for 499er Events
0-100, 100-300, 300-499
*Non-Life Master
0-5 Points Play Free
Strata may be adjusted

WHY PLAY BRIDGE?

Thoughts about the world's greatest game from the Bridge World Website

Perhaps the best one-sentence description of how bridge players feel about their game is playwright George S. Kaufman's parody of a famous remark: "I'd rather be South than be President." But what causes that feeling? *The Bridge World* magazine asked bridge players to describe briefly their main reasons for playing bridge, and the most important rewards they obtained from the game. The greatly varied submissions are printed here, along with excerpts from the book, "Classic Bridge Quotes" for which we are grateful to Jared Johson, bridge editor of *The Denver Post*, for permission to reprint this material.

The Rewards of Bridge

ADVENTURE

"Every Hand an Adventure" is what bridge is all about. It is the ultimate in intellectual competition. As you learn more, ever-increasing vistas unfold for your experimentation and enjoyment. Once you try it, you'll never give it up.

- *Bob Lipsitz*

CHALLENGE

As people develop and grow they search out challenges suitable to their current situation. Some never outgrow video games, but those who seek the highest level of mental stimulation move on to activities such as bridge.

- *Mike Lawrence*

ENTERTAINMENT

Bridge is the most entertaining and intelligent card game the wit of man has so far devised.

- *W. Somerset Maugham*

FASCINATION

Bridge is such a sensational game that I wouldn't mind being in jail if I had three cellmates who were decent players and who were willing to keep the game going 24 hours a day.

- *Warren Buffett*

INEXHAUSTABILITY

I am still learning. I will never get it all.

- *Al Lochli*

LONGEVITY

Because every hand is different, the intellectual challenge of bridge never ceases. Besides, and more importantly, my father often noted that, "If you don't play bridge, you'll have a miserable old age." Since that time is getting closer, this is no time for my interest in bridge to lag or diminish.

- *Rudy Boschwitz*

(Continued on page 8)

Note: We are no longer snail mailing any issues of this newsletter. Snail mail has become cost prohibitive. The newsletters are available online only at the District 13 website.

To access the site and find the newsletters, go to:

<http://acbl-district13.org/ArticlesAndNewsletters.htm>

Newsletters at this address go back to 2001. You can read them, print them, and enjoy them from there.

(Continued from page 7)

MENTAL CHALLENGE

Many games provide fun, but bridge grips you. It exercises your mind. Your mind can rust, you know, but bridge prevents the rust from forming.

- *Omar Sharif*

MULTIPLICITY OF REWARDS

Bridge is simultaneously fascinating and fun. In pursuit of winning you meet the elusiveness of perfection and the perverseness of chance. In preparation, you have the opportunity to develop and refine your system as linguistic science.

- *Michael Neuschatz*

PLEASURE

Playing bridge reflects intelligence. It's one of the really great pleasures of life. Anybody who's missing bridge is missing so much in life.

- *Malcolm Forbes*

PREPARATION

Proficiency in whist [a forerunner of bridge] implies capacity for success in all these more important undertakings where mind struggles with mind.

- *Edgar Allan Poe*

TEAMWORK

What distinguishes bridge from the many other games combining luck and skill? Part of the answer is teamwork. An apt comparison is with basketball. There, players may engage in contests of skill limited in dimension: three-point shooting, slam-dunking, one-on-one, HORSE, and so on. But what makes basketball distinctive, and the most fun to play or watch, are the team interactions: moving without the ball, setting screens and passing on offense; switching and boxing out on defense; using court sense and maintaining court balance.

So it is with bridge. There will be opportunities for three-point shots and slam dunks, but complete bridge players are also forever helping their partners and receiving information in return. Playing good bridge is like throwing an outlet pass, running downcourt, getting open, and receiving the ball back in perfect position to score. Other games are just plain HORSE.

- *Danny Kleinman*

UNIVERSALITY

No matter where I go, I can always make new friends at the bridge table.

- *Martina Navratilova*

VARIETY

Bridge presents all the challenges we know of. It is a human game, yet it is an intellectual game. If I sit down to play, I am likely to run into some sort of situation that I've never seen before.

- *Edgar Kaplan*

(Continued on page 9)

Other items mentioned by correspondents included:

DEVELOPMENT OF SKILLS

For example, accomplished bridge players seem to be adept at computer programming and equity trading; computer service corporations and financial institutions sometimes advertise for bridge players.

PRESTIGE

People who play bridge well automatically gain a certain amount of respect as capable performers. It is even more common that those who fail to improve at the game will not be taken seriously by others in their profession.

MENTAL EXERCISE

Just as muscles will atrophy when not used regularly, so will brain power deteriorate when not maintained with stimulation. Most people attempt to achieve this exercise in pleasant activities, such as reading novels or attacking crossword puzzles. Bridge offers an exciting way to partake in mental exercise.

SOCIALIZATION

Meeting people with common interests and spending time enjoyably is the single most frequently mentioned reward from playing bridge. Now that games are available on the Internet, it is becoming easier to overcome the traditional organizational obstacles.

Our Favorite True Bridge Story

Bridge clubs rarely do any business during morning working hours, and those that open as early as lunchtime have few games going until later in the afternoon. On one particular day, a New York club had only four players, thus only one table in play, at the noontime hour. The four contestants were quite companionable and enjoyed their game. However, at one point, one of the four, a young woman, looked at her watch and announced, "I'm sorry to have to break up this very pleasant game, but I'm getting married in half an hour."

The Therapeutic Value Of Bridge

A portion of this article is based on an essay by Erle Stanley Gardner.

As society changes, it generates new problems and then, sometimes, their solutions. Much of this cycle has to do with speed. Messages once delivered by runners, then the pony express, then the telegraph, now flash around the globe over the Internet. People have moved by foot, by horse, by automobile; longer distances were covered by boat or train, now by airplane. Business machines have achieved calculation, data entry and correction, printing and copying at ever increasing speeds. Almost everything today has been speeded up so much compared to earlier times, and the increases have come so quickly, that it is difficult for most people to relax.

Few people caught up in a world that moves at a pace for which their earlier life has left them unprepared can simply forget their problems. They appear too pressing, too urgent, too important. To avoid the negative effects of continually living with stress, it is critical to find alternative activities that will fully occupy the mind. Ordinary pursuits that lack intellectual power and mental action will not do; they will not provide the punch needed to move one's consciousness to another environment. Those who cannot find satisfactory ways to

(Continued on page 11)

District 13 Spring Regional

April 8 - April 14, 2019

Grand Geneva Resort and Spa, Lake Geneva, WI

On Route 50, 1/2 mile East of Route 12

Call 262-248-8811/800-558-3417 on or before March 25th to ensure the Bridge Rate!

Monday, April 8

1:30, 7:00 **Two Session Stratified Open Pairs to benefit the Grass Roots Fund**

Tuesday, April 9

10:00 & 3:00 **Open Pairs (0-1500; 1500-3000; 3000+)**

10:00 & 3:00 **Gold Rush Pairs (0-100; 100-300; 300-750)**

Wednesday, April 10

10:00 & 3:00 **Open Pairs (0-1500; 1500-3000; 3000+)**

10:00 & 3:00 **Gold Rush Pairs (0-100; 100-300; 300-750)**

Thursday, April 11

10:00 & 3:00 **Stratified Single Session Side Games to benefit the Grass Roots Fund**

10:00 & 3:00 **Open Swiss Team ((0-1500; 1500-3000; 3000+)**

10:00 & 3:00 **Gold Rush Teams (0-100; 100-300; 300-750)**

Friday, April 12

10:00 & 3:00 **Open Pairs (0-1500; 1500-3000; 3000+)**

10:00 & 3:00 **Gold Rush Pairs (0-100; 100-300; 300-750)**

Saturday, April 13

10:00 & 3:00 **Bracketed Swiss Teams**

10:00 & 3:00 **Open Pairs (0-1500; 1500-3000; 3000+)**

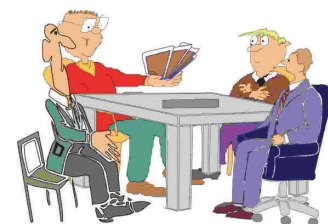
10:00 & 3:00 **Gold Rush Pairs (0-100; 100-300; 300-750)**

Sunday, April 14

10:00 **Stratiflighted Swiss Teams Playthrough ... Lunch Included**

Flight A/X/Y

B/C/D Stratified



Tournament Chairman:
Suzi Subeck

847-509-0311

Email: stansubeck@prodigy.net

Open+ Chart for Sunday Flight A/X/Y Swiss Teams

Stratified Games: A: 2000+; B: 750-2000; C: 0-750

Stratiflighted Teams:

A: 5000+; X: 3000-5000; Y: 0-3000

B: 750-1500; C: 300-750; D: 0-300

Open Teams:

A: 3000+ B: 1500-3000 C: 0-1500

Open Pairs: 0-1500; 1500-3000; 3000+

Gold Rush Pairs: 0-100; 100-300; 300-750



Fresh Fruit

Hospitality Suite!!!

Daily Bulletins

**Students play for half price with
valid student ID card!**

Kibitzers: Golf, Tennis, Spa

Free Lunch with Entry on



(Continued from page 9)

provide a break from their usual state of mental stress may be forced to seek refuge in dangerous alternatives, such as sleeping pills.

What form of activity can serve safely as therapy for the strains of modern life? It must be something that is exciting and intriguing enough to drive ordinary problems out of one's mind. It must focus attention. It must be totally engrossing. If you can find such an activity, you will have a key to unlock the secret of mental repose. The more and the more deeply you think, the more you will be exposed to the high pressures of dealing with the speeding world, and the more you need an alternative that has fascinations deep enough to distract you.

* * *

What characteristics must a satisfactory distraction have? Of course, it must be something that you find interesting. But to achieve the level of control over your brain needed for good results, it must also be intellectually stimulating and rewarding: difficult enough to be challenging, yet not so hard to master that you are unable to achieve the reward of making observable progress; complex enough to offer new mental worlds to conquer from whatever level you have already reached, but with no obstructions to progress caused by the need for special talents (such as athletic ability); possessing sufficient variety that you will never fear that the intrigue of the subject will be exhausted.

There are very few activities that offer all these critical attributes. Bridge is one of them.

* * *

In his best-selling book, *How to Stop Worrying and Start Living*, Dale Carnegie describes the dangers of unconstrained worry to health and happiness. That book was originally published during the 1940's. Since then, many scientific experiments and statistical surveys have confirmed what was then only a narrowly-believed theory: that mental state can have a major impact on well being, and that a complete approach to medical care must take a patient's thought processes into account. Carnegie lists six ways to "break the worry habit before it


breaks you." The first of these is to distract yourself with something else. It is therapeutic to provide yourself with an alternative activity that occupies your attention sufficiently to prevent your mind's continually focusing fruitlessly on sources of worry.

Editor's Note:

You can play duplicate bridge face to face at clubs, sited Sectionals, Regionals, or NABCs (North American Bridge Championships). If home bound, one can play online at BridgeBase or other such sites.

Bridge knows no age limits... young players and old players play as partners and opponents all the time.

It's a great way to fill time while exercising your mind! Never stop learning... it keeps you thinking young!



Valentine Sectional

Unit 222


FEBRUARY 6 - 9, 2019

THE GOOD HOPE SCHOOL (4 ACES BRIDGE CLUB) - ROOM #26
2315 W. Good Hope Road - Glendale WI
(The school is not visible from Good Hope Road)

From I-43: Exit #80 Good Hope Road West for 1 1/4 miles
Turn left just before the tennis courts on the south side

From I-41: Exit #47 Good Hope Road East for 9.5 miles
Turn right just after the tennis courts on the south side

The drive will take you to the school.
Enter through the main door (#1) and follow the signs to the Club.



Wednesday - 2/6: 9:30 a.m. Pair/Team Game & 299er Pair Game
2:00 p.m. Pair/Team Game & 299er Pair Game

Thursday - 2/7: 9:30 a.m. Pair/Team Game & 299er Pair Game
2:00 p.m. Pair/Team Game & 299er Pair Game

Friday - 2/8: 9:30 a.m. Pair/Team Game & 299er Pair Game
2:00 p.m. Pair/Team Game & 299er Pair Game

Saturday - 2/9: 9:30 a.m. & 2:00 p.m. **BRUCE BROWN CUP OPEN PAIRS**
9:30 a.m. & 2:00 p.m. - 299er Pair Game (Single Sessions)

***WONDERFUL HOSPITALITY EVERY SESSION**

TOURNAMENT CHAIR:
John Pereles (414-559-3463) jpereles@gmail.com

PARTNERSHIP CHAIR:
Yvette Neery (414-526-9035) yneery@gmail.com

IN CHAIR: Judy Burzynski (262-391-0970)

AGBL Sanction #19027102

Strata for all open games: 0-750, 750-2500, 2500+

Strata for 299er games: 0-50, 50-100, 100-300

(Strata may be adjusted as attendance warrants)

District 13 2018/2019 Grand National Teams

Saturday, February 23, 2019, 11:00 and TBA & Sunday, February 24, 2019, 11:00 and TBA

Hilton Northbrook, 2855 North Milwaukee Avenue, Northbrook, IL
Telephone: (847) 480-7500 Bridge Rate: \$89+tax by February 1, 2019

The Championship Flight, Flight A, and Flight B events will take place over four sessions and will be concluded in a single weekend.

Flight C will be a two-session Swiss Team event played to conclusion **on Sunday only**.

There will be no competition among flights. Players must choose the flight in which they plan to play.

Flight	Masterpoints	Club Qualifying
Championship	Unlimited	Determined by Unit
Flight A	Fewer than 6000 points	Determined by Unit
Flight B	Fewer than 2500 points	Determined by Unit
Flight C	Non Life Master and fewer than 500 points	Determined by Unit

Flight eligibility is established by **ACBL's September 2018 masterpoint cycle**. This information was produced on August 6, 2018 in Horn Lake, MS. **Masterpoints won after this cycle will not impact flight eligibility for these events.**

Players must reside in District 13. Each member of the team must be a paid member in good standing with the ACBL. Club qualifying games are permitted at Unit discretion but are not required at any level of competition. A Flight B or C team may qualify under the rules of any Unit where a plurality of team members reside.

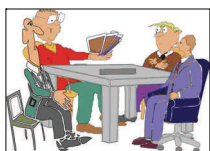
In addition, players who are currently, or have ever been in the past, members of another bridge organization, whether domestic (e.g., American Bridge Association) or foreign (e.g., Polski Związek Brydza Sportowego), must submit information on their past and/or current ranking in that organization. Submissions must be in writing (email is fine) and must be received by the District GNT Coordinator or District 13 Director at the time of registration for the event. The information submitted may be used to assign a conversion to ACBL masterpoints for purposes of verifying flight eligibility.

****An entry in the CHAMPIONSHIP Flight is a commitment to play in the National Final. Entries in lower flights may play to conclusion before declaring intent. We understand your reluctance to commit in advance.****

GNT Coordinator:

Stan Subeck
847-509-0311

stansubeck@prodigy.net



Registration:

PRE-REGISTRATION IS REQUIRED FOR THIS EVENT.

All teams wishing to enter must provide notification by noon on February 18, 2019 by contacting:

Suzi Subeck, District 13 Director, (847)-509-0311 Home, (708) 927-6819 Cell, stansubeck@prodigy.net, or by registering on line at <http://bridgeinchicago.com> when it is available

Entering teams must have a written confirmation either by email or letter. No team without such a written confirmation should assume that entry has been verified. It is important to know in advance the teams entered. Captains should bring the confirmation with them to the site and be prepared to present it when purchasing an entry.

For more complete information,
please consult your conditions of contest on the District 13 website at <http://acbl-district13.org/>